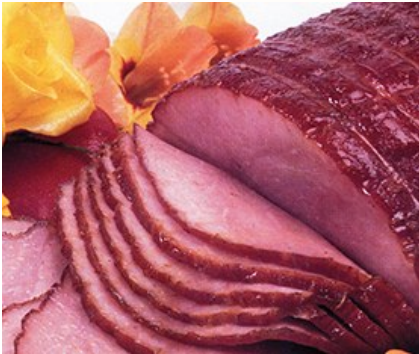




FULLY COOKED

#2984

Triple M 1/2 Spiral Ham With Honey Glaze

With Natural Juice

GTIN: 90030771029842

Master UPC: 003077102984

Shelf Life: 90 Days

- Naturally Hardwood Smoked,
- Fully Cooked,
- 36% Lower Sodium,

Storage

Keep refrigerated.

Preparation

Heat At 350 Degrees, Face
Down for 6 Minutes Per Pound

Shelf Life

90 days from
manufactured date.

Ingredients

CURED WITH WATER AND 2% OR LESS OF SUGAR, SALT, POTASSIUM LACTATE, BROWN SUGAR, SODIUM PHOSPHATE, SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM NITRITE.

Nutrition Facts

VARIED servings per container

Serving size 3 ounces (84g)

Calories 170

Total Fat 10g	15%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 55mg	19%
Sodium 820mg	34%
Total Carbohydrates 1g	0%
Dietary Fiber	0%
Sugars 1g	
Protein 18g	

*Percent daily values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



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Measurements & Specifications

Portion

SIZE

3 ounces (84g)

Piece, Package or Tray

PACK	WEIGHT	TARE	LENGTH	WIDTH	HEIGHT	CUBIC FEET
1/8.5 LBV	8.5 LBV	.45	7	10	7	0.284

Master Case

PACK	WEIGHT	TARE	LENGTH	WIDTH	HEIGHT	CUBIC FEET
4/8.5 LBV	34	3.74	18.5	13.25	8	1.135

Shipping Pallet Configuration

CASES/PALLET	TI	HI
30	6	5

CN Statement

To obtain a signed copy of the CN statement for this item, please fill out a contact us form or call 800.426.6100.